

Anna Holleman
Appalachian State University
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ACADEMIC APPOINTMENTS

- 2024- Assistant Professor
Department of Sociology
Appalachian State University
- 2022-2024 Postdoctoral Research Associate
Global Health Institute and Department of Sociology
Duke University
- 2023-2024 Adjunct Instructor
Department of Sociology and Anthropology
Guilford College

EDUCATION

- 2021 Ph.D. Sociology, Duke University
- 2021 M.A. Sociology, Duke University
- 2018 M.Div., Duke University Divinity School, *Summa cum laude*
- 2014 B.A. Psychology, Clemson University, *Summa cum laude*, *Phi Beta Kappa*

RESEARCH AND TEACHING INTERESTS

Religion, Health, Inequality, Research Methods, Survey Research

PEER-REVIEWED PUBLICATIONS

- 2025 **Holleman, Anna**, Erin Johnston, and Kelsey Mischke. "Walking the Tightrope: How White United Methodist Clergy Approach Race and Racial Justice." *Sociological Focus*. Online first:
<https://www.tandfonline.com/doi/full/10.1080/00380237.2025.2514009>
- 2025 **Holleman, Anna**. "LGBTQ Inclusion among Religious Congregations and Religious Leaders in the United States." *Journal of Homosexuality*. Online first:
<https://doi.org/10.1080/00918369.2025.2469577>
- 2024 Upenieks, Laura, David Eagle, and **Anna Holleman**. "Childhood Abuse and the Mental Health of Seminary Students: The Mediating Role of R/S Struggles." *Review of Religious Research*. Online first:
<https://doi.org/10.1177/0034673X24130242>

- 2024 Eagle, David, **Anna Holleman**, Bri Barrera Olvera, and Elizabeth Blackwood. "Prevalence of Obesity in Religious Clergy in the United States: A Systematic Review and Meta-Analysis." *Obesity Reviews* 25(7):e13741.
- 2024 Lee, Bo-Hyeong Jane, **Anna Holleman**, and Rae Jean Proeschold-Bell. "Stability and Shifts in the Combined Positive and Negative Mental Health of Clergy: A Longitudinal Latent Class and Latent Transition Analysis Study of United Methodist Pastors Before and After the Onset of COVID-19." *Social Science & Medicine* 344:116651.
- 2024 Cadge, Wendy, Amy Lawton, **Anna Holleman**, and Joseph Roso. "Which Congregational Leaders Also Work as Chaplains?: A National Overview." *Review of Religious Research* 66(1):81-91.
- 2024 **Holleman, Anna**. "Programming Provided by Congregations in the United States to Address Mental Illness and Substance Use Disorder." *Journal of Religion and Health* 63:551-566.
- 2024 Johnston, Erin, **Anna Holleman**, and Laura Krull. "'There's Theology and Then There's the People I Love...': Authority and Ambivalence in Seminarians' Attitudes Towards Same-Sex Relationships, Marriage, and Ordination." *Sociology of Religion* 85(3):298-323.
- 2024 Henderson, Aasha, Bryan E. McCabe, **Anna Holleman**, Rosa M. Gonzalez-Guarda, and Allison M. Stafford. "Racial Identity and Health Outcomes in an Emerging Latinx Immigrant Community." *Race and Social Problems* 16:357-367.
- 2023 **Holleman, Anna**, Laura Upenieks, and David Eagle. "Adverse Childhood Experiences Among Seminarians: Personal Experiences of Trauma and Implications for Pastoral Well-Being and Ministerial Training." *Journal of Psychology and Theology* 52(1):3-17.
- 2023 **Holleman, Anna** and David Eagle. "Is There a Crisis in Clergy Health?: Reorienting Research Using a National Sample." *Journal for the Scientific Study of Religion* 62(3):580-604.
- 2023 **Holleman, Anna** and Mark Chaves. "Clergy Views on the Etiology and Treatment of Depression: Results from a Nationally Representative Sample." *JAMA Psychiatry* 80(3):270-273.
- 2023 **Holleman, Anna**. "The Resilience of Clergywomen?: Gender and the Relationship Between Occupational Distress and Mental Health Among Congregational Leaders." *Journal for the Scientific Study of Religion* 62(1):89-107.

- 2022 Chaves, Mark, Joseph Roso, and **Anna Holleman**. “The National Survey of Religious Leaders: Background, Methods, and Lessons Learned in the Research Process.” *Journal for Scientific Study of Religion* 61(3-4):737-749.
- 2022 **Holleman, Anna**, Joseph Roso, and Mark Chaves. “Religious Congregations’ Technological and Financial Capacities on the Eve of the COVID-19 Pandemic.” *Review of Religious Research* 64(1):163-188.
- 2022 Eagle, David, Erin Johnston, Jennifer Headley, and **Anna Holleman**. “The Financial Impacts of COVID-19 on United Methodist Churches in North Carolina: a Qualitative Study of Pastor’s Perspectives and Strategies.” *Review of Religious Research* 64(2):399-420.
- 2022 Johnston, Erin, David Eagle, Jennifer Headley, and **Anna Holleman**. “Pastoral Ministry in Unsettled Times: A Qualitative Study of the Experiences of Clergy During the COVID-19 Pandemic.” *Review of Religious Research* 64(2):375-397.
- 2020 Roso, Joseph, **Anna Holleman**, and Mark Chaves. “Changing Worship Practices in American Congregations.” *Journal for the Scientific Study of Religion* 59(4):675–84.
- 2020 Chaves, Mark, Mary Hawkins, **Anna Holleman**, and Joseph Roso. “Introducing the Fourth Wave of the National Congregations Study.” *Journal for the Scientific Study of Religion* 59(4):646–50.

OTHER PUBLICATIONS

- 2025 Chaves, Mark, **Anna Holleman**, and Joseph Roso. 2025. *Clergy in America*. Durham, NC: Duke University, Department of Sociology.
- 2024 **Holleman, Anna**. Review of *Caring for Clergy: Understanding a Disconnected Network of Providers* by Thad S. Austin and Katie R. Comeau. *Wesleyan Theological Journal*.
- 2024 **Holleman, Anna** and Lisa Keister. “Religion and Sociology of Wealth Accumulation.” *Oxford Handbook of Religion and Economic Ethics*, edited by Albino Barrera and Roy C. Amore.
- 2023 Holleman, Meagan and **Anna Holleman**. "Embracing the Unknown: Exploring Interfaith Dialogue and Collaboration." *Friends Journal*. October 2023.
- 2022 **Holleman, Anna**. Review of *Stuck: Why Clergy are Alienated from Their Calling, Congregation, and Career... and What to Do About It*, by Todd Ferguson and Josh Packard. *Review of Religious Research* 64:1017–1019.

- 2022 Chaves, Mark, **Anna Holleman**, Joseph Roso, and Mary Hawkins. *National Survey of Religious Leaders*. Data file and codebook. Durham, North Carolina: Duke University, Department of Sociology.
- 2021 Chaves, Mark, Joseph Roso, **Anna Holleman**, and Mary Hawkins. *Congregations in 21st Century America*. Durham, NC: Duke University, Department of Sociology.
- 2020 Chaves, Mark, Shawna Anderson, Alison Eagle, Mary Hawkins, **Anna Holleman**, and Joseph Roso. *National Congregations Study*. Cumulative data file and codebook. Durham, North Carolina: Duke University, Department of Sociology.

TEACHING & ADVISING

Courses Taught

- 2024- Appalachian State University
 Sociology 1000: The Sociological Perspective
 Sociology 2060: Religion and Society
 Sociology 3885: Research Methods
- 2023-2024 Guilford College
 Sociology 100: Introduction to Sociology
- 2022-2023 Duke University
 Sociology 280: Politics and Polarization in Mainline Protestant
 Congregations [Co-instructor]

Undergraduate Honors Thesis Advising

- In Progress Bryan Herpfer. "A Study of Belonging and Rejection Among Transgender Catholic Congregants." Appalachian State University Department of Sociology. [Chair]
- 2021 Aasha Henderson. "Racial Identity and Health Outcomes in an Emerging Latinx Immigrant Community." Duke University Department of Sociology. [Co-advisor]

FELLOWSHIPS, GRANTS, AND AWARDS

- 2025 Jack Shand Research Grant, Society for the Scientific Study of Religion. "Feeding All of God's Children: How Faith-Based Food Pantries Navigate LGBTQIA+ Inclusion." [Co-PI] (\$4,970).
- 2025 Summer Research Grant, College of Arts and Sciences, Appalachian State University (\$5,000).
- 2024 Research Fellow, Center for Health Policy and Inequalities, Duke University.

- 2023 Innovating Forward Grant, John Templeton Foundation. Received in partnership with College Park Baptist Church, Greensboro, NC. Secured funding to offer non-clinical mental health resources to community members (\$4,950).
- 2021 Competitive Summer Research Fellowship, Duke University Graduate School (\$6,500).
- 2021 Finalist for Award for Outstanding Mentorship of Undergraduate Students, Bass Connections at Duke University.
- 2021 Best Student Paper Award, Boisi Center at Boston University's Conference on Pandemic and Religion for "American Congregations' Technological and Financial Capacities on the Eve of the COVID-19 Pandemic." with Joseph Roso.
- 2020 Departmental Research Award, Duke University Department of Sociology (\$750).
- 2019-2020 Religions and Public Life Initiative Graduate Fellowship, Kenan Institute for Ethics, Duke University (\$1,250).
- 2014 Clemson University Psychology Department Award for Academic Excellence, awarded to top graduating student majoring in psychology.

PRESENTATIONS AND INVITED TALKS

- 2025 Johnston, Erin, Kelsey Mischke, Bec Stargel, and Anna Holleman. "I am Constantly Unaffirmed in my Calling": Gender and the Career Plans of M.Div Students." Presented at the Annual Meeting of the Southern Sociological Society. Charlotte, North Carolina. April.
- 2024 Holleman, Anna, Jane Lee, David Eagle, and Rae Jean Proeschold-Bell. "Exploring the Relationship between Adverse Childhood Experiences and Clergy Well-Being." Presented at the Annual Meeting of the Society for the Scientific Study of Religion. Pittsburgh, Pennsylvania. October.
- 2024 Holleman, Anna, and Bec Stargel. "LGBTQ+ Seminarians' Trajectories through Theological Education." Presented at the Annual Meeting of the Society for the Scientific Study of Religion. Pittsburgh, Pennsylvania. October.
- 2024 Johnston, Erin, Kelsey Mischke, Bec Stargel, and Anna Holleman. "I am Constantly Unaffirmed in my Calling": Gender and the Career Plans of M.Div Students." Presented at the Annual Meeting of the Society for the Scientific Study of Religion. Pittsburgh, Pennsylvania. October.

- 2024 Mischke, Kelsey, Anna Holleman, and Erin Johnston. "Walking the Tightrope: How White United Methodist Clergy Approach Race and Racial Justice." Annual Meeting of the Southern Sociological Society. New Orleans, Louisiana. April.
- 2024 Chaves, Mark, and Anna Holleman. "Findings from the National Survey of Religious Leaders." Invited talk to The Common Table Collaborative for Clergy and Congregational Well-Being. Online. January 19.
- 2023 Holleman, Anna, David Eagle, and Erin Lane. "Addressing Childhood Trauma in Seminary & Ministry." Invited talk at Duke Divinity School. November 8.
- 2023 Lawton, Amy, Anna Holleman, and Joseph Roso. "Which Congregational Leaders Also Work as Chaplains?" Annual Meeting of the Society for the Scientific Study of Religion. Salt Lake City, Utah. October.
- 2023 Holleman, Anna, Laura Upenieks, and David Eagle. "Adverse Childhood Experiences Among Seminarians: Personal Experiences of Trauma and Implications for Pastoral Well-Being and Ministerial Training." Annual Meeting of the Society for the Scientific Study of Religion. Salt Lake City, Utah. October.
- 2023 Gilliland, Claire, Anna Holleman, and Laura Krull. "Speaking Up or Opting Out: Analyzing Clergy Engagement with Social Issues." Annual Meeting of the Society for the Scientific Study of Religion. Salt Lake City, Utah. October.
- 2023 Holleman, Anna. "Congregational Racial Composition and Mental Health among Black Churchgoers in the United States." Annual Meeting of the American Sociological Association. Philadelphia, PA. August.
- 2023 Holleman, Anna. "Congregational Racial Composition and Mental Health among Black Churchgoers in the United States." Annual Meeting of the Association for the Sociology of Religion. Philadelphia, PA. August.
- 2023 Holleman, Anna. "Mental Health Outcomes, Attitudes, and Programming among Congregations, Clergy, and Seminarians." Invited talk to the "Best Practices and Learning Collaborative for Theological Seminaries and Educational Institutions that Prepare Future Faith Leaders," hosted by the U.S. Department of Health and Human Services Center for Faith-Based and Neighborhood Partnerships and the Substance Abuse and Mental Health Services Administration. Washington, DC. August 1.
- 2023 Holleman, Anna. "Religion and Health." Invited talk to the Connecting Conversations series, Guilford College. Greensboro, NC. April 3.
- 2023 Holleman, Anna. "Religion, Health, and Congregational Life." Presentation to the Adult Education Class at College Park Baptist Church. Greensboro, NC. March 16, 2023.

- 2023 Holleman, Anna, Erin Johnston, and Laura Krull. "Vocation and Alienation: How LGBTQ+ Seminary Students Frame the Relationship Between their Call to Ministry and their Sexual Orientation and Gender Identity." Annual Meeting of the Southern Sociological Society. Myrtle Beach, SC. March.
- 2023 Holleman, Anna. "The Church as Frontline Mental Health Provider." Invited talk to The Common Table Collaborative for Clergy and Congregational Well-Being. Online. January 13.
- 2022 Holleman, Anna and Mark Chaves. "Clergy as Frontline Mental Health Care Workers: Variations in their Experiences and Views." Annual Meeting of the Society for the Scientific Study of Religion. Baltimore, Maryland. November.
- 2022 Eagle, David and Anna Holleman. "Evaluating the Levels and Predictors of Clergy Obesity in the United States." Annual Meeting of the Society for the Scientific Study of Religion. Baltimore, Maryland. November.
- 2022 Johnston, Erin, Laura Krull, and Anna Holleman. "Overlapping Sources of Authority in the Narrative Accounts of Gay and Lesbian Affirming and Non-Affirming Seminary Students." Annual Meeting of the Society for the Scientific Study of Religion. Baltimore, Maryland. November.
- 2022 Holleman, Anna. "The Impact of Gender on Calling and Formation During Theological Education: Findings from the Seminary-to-Early Ministry Study." Annual Meeting of the Association for the Sociology of Religion. Los Angeles. August.
- 2022 Holleman, Anna and Pamela Zabala Ortiz. "Theological Foundations of Civil Disobedience and Racial Awareness in the Sanctuary Movement." Annual Meeting of the American Sociological Association. Los Angeles. August.
- 2022 Johnson, Erin and Anna Holleman. "Introducing the Seminary-to-Early Ministry (SEM) Study." Annual Meeting for the Religious Education Association. Virtual Conference. July.
- 2022 Holleman, Anna. "Clergywomen in the Data." Invited participation in a panel on Women in Ministry, hosted by the General Commission on the Status and Role of Women of the United Methodist Church and Duke Divinity School's Methodist House of Studies. Durham, NC. March 29.
- 2022 Holleman, Anna and Pamela Zabala Ortiz. "Theological Foundations of Civil Disobedience and Racial Awareness in the Sanctuary Movement." Virtual Graduate Student Conference by The Boisi Center for Religion and American Public Life at Boston College. February.

- 2021 Eagle, David and Anna Holleman. "Clergy Health and Well-Being: Findings from the National Survey of Religious Leaders." Annual Meeting of the Society for the Scientific Study of Religion. Portland, Oregon. October.
- 2021 Holleman, Anna. "Gender Differences among Clergy: Findings from the National Survey of Religious Leaders." Annual Meeting of the Society for the Scientific Study of Religion. Portland, Oregon. October.
- 2021 Eagle, David, Erin Johnston, Jennifer Headley, and Anna Holleman. "Pastoring in a Pandemic." Invited talk to St. James Institute, Sydney, Australia. October 4.
- 2021 Holleman, Anna. "The Resilience of Female Clergy?: Gender and the Relationship Between Occupational Distress and Mental Health Among Congregational Leaders." Annual Meeting of the Association for the Sociology of Religion. Virtual Conference. August.
- 2021 Holleman, Anna. "Clergywomen in the Data." Invited talk to The Clergywomen's Symposium of Celebration, North Carolina Conference of the United Methodist Church. Virtual Presentation. August 12.
- 2021 Felsman, Irene, Anna Holleman, Aasha Henderson, Gabriela Nagy, Allison Stafford, Scott de Marchi, and Rosa Gonzalez-Guarda. "Latino/a Immigrants, Acculturation Stress, and Resilience: The Impact of Documentation Status." Annual Meeting of the American Sociological Association. Virtual Conference. August.
- 2021 Wygle, Ruthie and Anna Holleman. "Religious Congregations' Engagement with the Justice-Involved Population: Patterns and Potential Implications." Annual Meeting of the Southern Sociological Society. Virtual Conference. April.
- 2021 Holleman, Anna and Joseph Roso. "Religious Congregations' Technological and Financial Capacities on the Eve of the COVID-19 Pandemic." Virtual Graduate Student Conference by The Boisi Center for Religion and American Public Life at Boston College. February.
- 2020 Holleman, Anna and Pamela Zabala Ortiz. "'I was a Stranger and You Welcomed Me': The Sanctuary Movement and Political Mobilization on the Religious Left." Annual Meeting of the Association for the Sociology of Religion. Accepted for presentation, cancelled due to COVID-19.
- 2020 Holleman, Anna. "The Prevalence and Characteristics of Multisite Congregations." Annual Meeting of the Association for the Sociology of Religion. Accepted for presentation, cancelled due to COVID-19.

- 2019 Roso, Joseph and Anna Holleman. "Worship and Technology in American Religion: Findings from the NCS-IV." Annual Meeting of the Society for the Scientific Study of Religion. St. Louis, Missouri. October.
- 2019 Holleman, Anna. "The Paradox of Health Services in Religious Congregations: Do the Supernatural have to Conflict with the Secular?" Annual Meeting of the Association for the Sociology of Religion. New York City. August.

SERVICE

Manuscript reviewer for *Social Problems*; *The Sociological Quarterly*; *Sociological Focus*; *Mental Health, Religion & Culture*; *Journal for the Scientific Study of Religion*; *Sociology of Religion*; *Review of Religious Research*; *Journal of Religion and Health*; *Journal of Psychology and Theology*; *Religions*.

Student Travel Grant Committee, Society for the Scientific Study of Religion (Committee Member: 2023, 2024)

Distinguished Book Award Committee, ASA Sociology of Religion Section (Committee Member: 2023; Chair: 2025)

Graduate Student Representative, ASA Sociology of Religion Section (2021-2022)

PROFESSIONAL ASSOCIATIONS

American Sociological Association
 Southern Sociological Society
 Society for the Scientific Study of Religion
 Association for the Sociology of Religion