

Ellen Lamont

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ACADEMIC POSITIONS

- 2020- Associate Professor of Sociology, Appalachian State University.
- 2014- 2020 Assistant Professor of Sociology, Appalachian State University.
- 2016- Faculty Affiliate, Gender, Women's and Sexuality Studies, Appalachian State University.

EDUCATION

- 2014 New York University, Sociology, Ph.D.
- 2008 New York University, Sociology, M.A.
- 2003 The University of Chicago, International Relations, M.A.
- 2001 University of California, Berkeley, Peace and Conflict Studies, B.A., with honors.

PUBLICATIONS

Book

- 2020 Lamont, Ellen. *The Mating Game: How Gender Still Shapes How We Date*. Oakland, CA: University of California Press.
- Reviews in *American Journal of Sociology*, *Choice*, *Contemporary Sociology*, *Gender & Society*, *Men & Masculinities*

Journal Articles

- Online First Lamont, Ellen, and Teresa Roach. "Coming Out Queer: Sexual and Romantic Exploration and Identity Development of LGBTQ+ College Students." *Social Currents*.
- 2021 Lamont, Ellen. "The Persistence of Gendered Dating." *Sociology Compass*, 15(11), e12933. <https://doi.org/10.1111/soc4.12933>

- 2018 Lamont, Ellen, Teresa Roach, and Sope Kahn. "Navigating Campus Hookup Culture: LGBTQ Students and College Hookups." *Sociological Forum* 33(4): 1000-1022.
- 2017 Lamont, Ellen. "'We Can Write the Scripts Ourselves': Queer Challenges to Heteronormative Dating and Courtship Practices." *Gender & Society* 31(5): 624-646.
- Reprinted 2018 in *Shifting the Center: Understanding the Contemporary Family*, 5th edition, edited by S. J. Ferguson. Thousand Oaks, CA: Sage Publications.
- 2015 Lamont, Ellen. "The Limited Construction of an Egalitarian Masculinity: College-Educated Men's Dating and Relationship Narratives." *Men & Masculinities* 18(3): 271-292 (Lead article).
- 2014 Lamont, Ellen. "Negotiating Courtship: Reconciling Egalitarian Ideals with Traditional Gender Norms." *Gender & Society* 28(2): 189-211 (Lead article).
- Reprinted 2016 in *The Kaleidoscope of Gender: Prisms, Patterns, and Possibilities*, 5th edition, edited by J. Z. Spade and C. G. Valentine. Thousand Oaks, CA: Sage Publications.

Book Chapters

- 2024 Lamont, Ellen. "Dating and the Stalled Gender Revolution: How Heterosexual and LGBTQ Dating Practices Impact Relationship Inequality." *Research Handbook on the Sociology of Gender*, edited by Gayle Kaufman, Michael Stambolis-Ruhstorfer, Steven Roberts, and Brittany Ralph. Cheltenham, UK: Edward Elgar Publishing Ltd. Pp. 203-214.
- 2022 Lamont, Ellen. "The Dos and Don'ts of Dating: Heterosexual and LGBTQ Dating Rituals as Sexual Scripts." *Introducing the New Sexuality Studies: Original Essays*, 4th Edition, edited by Nancy L. Fischer and Laurel Westbrook. London, UK: Routledge. Pp. 47-55.
- 2020 shuster, stef, and Ellen Lamont. "Sticks and Stones Break Our Bones, and Words Are Damaging: How Language Regulates Non-binary People." *The Emergence of Trans: Essays on Politics, Culture, and Everyday Life*, edited by I. Moon, R. Pearce, K. Gupta, and D.L. Steinberg. London, UK: Routledge. Pp. 103-115.

Other Publications

- 2021 Lamont, Ellen. Review of *Intimate Inequalities: Millennials' Romantic Relationships in Contemporary Times*, by Cristen Dalessandro. *Gender & Society* 35(6): 10006-1007.

- 2021 Lamont, Ellen. "The Surprising Silver Lining of Dating in the Time of Covid-19." *UC Press Blog*. February 13.
- 2020 Lamont, Ellen. "Netflix Shows Like 'Too Hot to Handle' and 'Love Is Blind' Offer More Stereotypes Than Insights." *NBCNews.com*. May 8.
- 2020 Lamont, Ellen. "The Puzzling Persistence of Gendered Dating." *Council on Contemporary Families Blog at The Society Pages*. February 18.
- 2020 Lamont, Ellen. "If You Want a Marriage of Equals, Then Date as Equals." *The Atlantic*. February 14.
- 2017 Lamont, Ellen. Review of *What Gender is Motherhood? Changing Yoruba Ideals of Power, Procreation and Identity in the Age of Modernity*, by Oyeronke Oyewumi. *Contemporary Sociology* 46(3): 347-349.
- 2017 Lamont, Ellen. Review of *Beyond Monogamy: Polyamory and the Future of Polyqueer Sexualities*, by Mimi Schippers. *Social Forces*: 1-3.

AWARDS

- 2024 Board of Governors Appalachian State University Excellence in Teaching Award, Appalachian State University (\$1500).
- 2019 Teacher of the Year, College of Arts and Sciences, Appalachian State University (\$1000).
- 2018 Academy of Outstanding Teachers, College of Arts and Sciences, Appalachian State University.

GRANTS

- 2024 Department of Sociology Internal Grant, Appalachian State University (\$3000).
"Gender and Parenthood in Child Custody Cases."
- 2024 Summer Stipend for Writing a Grant Program, Appalachian State University (\$3500).
"Gender and Parenthood in Child Custody Cases."
- 2023 Ann Louise Page Award for Faculty Research Excellence, Department of Sociology, Appalachian State University (\$950).
"Gender and Child Custody in the Courtroom."
- 2022 Undergraduate Research Assistantship, Office of Student Research, Appalachian State University (\$1000).

(with undergraduate research assistant Elliot Froese)

- 2022 Faculty Reassigned Time Grant, Appalachian State University (\$3300).
"Out of the Mouth of this Holler: Appalachian Families in Flux."
- 2022 Ann Louise Page Award for Faculty Research Excellence, Department of Sociology, Appalachian State University (\$1500).
"Out of the Mouth of this Holler: Appalachian Families in Flux."
- 2020 University Research Council Grant, Appalachian State University (\$4900).
"Remaking Relationships: Appalachian Families in Flux."
- 2020 Helton Faculty Excellence Fund, College of Arts and Sciences, Appalachian State University (\$2000).
"Remaking Relationships: Appalachian Families in Flux."
- 2020 Undergraduate Research Assistantship, Office of Student Research, Appalachian State University (\$1000).
(with undergraduate research assistant Sarah Murray)
- 2020 Online Course Development Grant, Center for Academic Excellence, Appalachian State University (\$4000).
(with Martha McCaughey)
- 2020 Fund for the Advancement of the Discipline, American Sociological Association (\$7600).
"Remaking Relationships: Appalachian Families in Flux."
- 2019 Assessment Grant, University Academic Assessment Council, Appalachian State University (\$1500).
- 2019 Student and Faculty Excellence Fund, College of Arts and Sciences, Appalachian State University (\$1100).
"The Mating Game: Courtship in an Era of Gender Upheaval."
- 2019 Faculty Reassigned Time Grant, Appalachian State University (\$3300).
"Remaking Relationships: Appalachian Families in Flux."
- 2018 Summer Research Grant, College of Arts and Sciences, Appalachian State University (\$5000).
"The Mating Game: Courtship in an Era of Gender Upheaval."
- 2017 Student and Faculty Excellence Fund, College of Arts and Sciences, Appalachian State University (\$1100).
"Hooking Up and Dating Among LGBTQ College Students."
(with undergraduate research assistant Sope Kahn)

- 2016 Department of Sociology Research Grant, Appalachian State University (\$3,581).
"Hooking Up and Relationships Among LGBTQ College Students."
(with Teresa Roach)
- 2015 University Research Council Grant, Appalachian State University (\$4,830).
"The Mating Game: Courtship in an Era of Gender Upheaval."
- 2015 Department of Sociology Research Grant, Appalachian State University (\$1,508).
"The Mating Game: Courtship in an Era of Gender Upheaval."
- 2012 Student Travel Grant, Pacific Sociological Association.
- 2012 Dean's Student Travel Grant, New York University.
- 2011 Dean's Student Travel Grant, New York University.
- 2005 Henry MacCracken Fellowship (Five-Year Award), New York University.

TEACHING

Courses Taught

- 2014- Appalachian State University
 Constructions of Gender
 Sociology of Families
 Sociology of Intimate Relationships
 Women, Crime, and the Justice System
 Queering Families/Queering Intimacy
 The Sociological Perspective - Honors
 What Do We Owe Each Other? - Honors
 Gendered (In)Justice - Honors
 Advanced General Sociology (graduate level)
 Sociology of Families (graduate level)
- 2013-2014 Sonoma State University
 Methods Seminar: Women and Social Policy
 Sociology of the Family
- 2008-2009 New York University
 Sex and Gender
 Sociology of the Family
- 2008 Hunter College
 Sociology of the Family

Honors Thesis Committees

- In Progress Louie Wood. "Classed Dating Practices: How College Students Use Social Class to Navigate Their Romantic Decisions." (Chair)
- In Progress Lauren Perrone. "'Bitch Better Pay for It': Fathers' Claims of Parental Alienation in Family Court." (Chair)
- In Progress Alena Dastur. "All Creatures Great and Small: The Impact of Environmental and Wildlife Education and Experiences on Levels of Climate Change Awareness and Concern." (Second reader)
- In Progress Abigail Bamber. "Exploring Obsessive-Compulsive Disorder with Relationship Content and its Connection to Relationship-Contingent Self-Esteem." (Second reader)
- In Progress Hannah Mills. "Gender Violence in Schools." (Second reader)
- 2024 Elizabeth Moeller. "The Impact of Teaching in Anti- and Pro-LGBTQ+ Policy Environments." (Chair)
Supported by an Ann Louise Page Fund for Undergraduate Research Grant
- 2024 Samantha Massey. "Online Sex Work: Bound by Pleasure and Danger." (Chair)
Supported by an Ann Louise Page Fund for Undergraduate Research Grant
- 2024 Mane Ortega-Poblete. "Trying to Get By: Gendered Networks of Undocumented Migrant Mothers." (Second reader)
- 2021 Erin Henesy. "Do Stereotypes Simplify Cognitive Processing? Examining the Cognitive Toolbox Through a Replication and Extension of Macrae et al. (1994)." (Second reader)
- 2020 Carter Blue. "Hurting Without Hitting: Understanding Subtleties of Intimate Partner Violence Among College Students." (Chair)
Supported by a Student and Faculty Excellence Grant and an Office of Student Research Grant
- 2020 Chloe Starr. "Barriers to Reproductive Justice in Appalachia." (Chair)
Supported by an Office of Student Research Grant
- 2018 Rachel Tapia. "Kill the Messenger: Fiction on Opportunity and Privilege." (Second reader)
- 2017 Madison Armstrong. "Challenging Normative Representations of Women's Sexual Agency in American Television." (Chair)

PRESENTATIONS

- 2023 "Always Entitled, but Never Obligated: Gender and Parenthood in Child Custody Cases." American Sociological Association annual meeting, Philadelphia, Pennsylvania.
- 2023 "The Mating Game: How Gender Still Shapes How We Date." Invited talk for Graduate Family Workshop, Department of Sociology, Stanford University, Palo Alto, CA.
- 2022 "The Gender Labor of Men." American Sociological Association annual meeting, Los Angeles, California.
- 2021 "Queer on Campus: How College Shapes the Sexual Identities and Experiences of Sexual Minority Youth in the Bible Belt" (with Teresa Roach). American Sociological Association annual meeting, Virtual Conference.
- 2021 "The Mating Game: How Gender Still Shapes How We Date." Author-Meets-Curious-Reader, Southern Sociological Society annual meeting, Virtual Conference.
- 2020 "The Gender Labor of Men: The Work of Validating Partners' Gender" (with stef shuster). American Sociological Association annual meeting, Virtual Conference.
- 2019 "The Mating Game: How Gender Still Shapes How We Date." Research and Creative Activities at Appalachian, Appalachian State University, Boone, North Carolina.
- 2019 "The Mating Game: How Gender Still Shapes How We Date." Gender, Women's, and Sexuality Studies Lecture Series, Appalachian State University, Boone, North Carolina.
- 2019 "Perpetuating Difference: How Relationship Inequality Trumps Egalitarian Goals." American Sociological Association annual meeting, New York, New York.
- 2019 "Faculty Last Lecture." University Housing, Appalachian State University, Boone, North Carolina.
- 2019 Critic, "Where the Millennials Will Take Us" by Barbara Risman. Author-Meets-Critic Session, Southern Sociological Society annual meeting, Atlanta, Georgia.
- 2018 "Navigating Campus Hookup Culture: LGBTQ Students and College Hookups" (with Teresa Roach and Sope Kahn). American Sociological Association annual meeting, Philadelphia, Pennsylvania.

- 2018 "Gender Inequality in LGBTQ Hookups on Campus" (with Teresa Roach and Sope Kahn). Southern Sociological Society annual meeting, New Orleans, Louisiana.
- 2017 "The Mating Game: Courtship in an Era of Gender Upheaval." Invited talk at Wake Forest University, Winston-Salem, North Carolina.
- 2017 "Building Relationships from the Ground Up: How Queer Actors Remake Courtship." American Sociological Association annual meeting, Montreal, Quebec.
- 2017 "The Mating Game: Courtship in an Era of Gender Upheaval." Sociology and Gender, Women's, and Sexuality Studies panel, Appalachian State University, Boone, North Carolina.
- 2017 "How Language Erases the Existence of Non-binary People in Social Interactions" (with stef shuster). Southern Sociological Society annual meeting, Greenville, South Carolina.
- 2017 "Coming Out Queer in the Bible Belt: How LGBTQ College Students Navigate Sexual Identities on Campus" (with Teresa Roach). Southern Sociological Society annual meeting, Greenville, South Carolina.
- 2016 "'We Can Write the Scripts Ourselves': LGBTQ Dating and Courtship Practices." Southern Sociological Society annual meeting, Atlanta, Georgia.
- 2015 "Gendered Courtship and the Perpetuation of Gender Difference in Romantic Relationships." American Sociological Association annual meeting, Chicago, Illinois.
- 2014 "I'm Not Like Other Men...": Egalitarian Narratives as Identity Work Among College-Educated Men." American Sociological Association annual meeting, San Francisco, California.
- 2014 "The Limited Construction of an Egalitarian Masculinity: Middle-Class Men's Dating and Relationship Narratives." Eastern Sociological Society annual meeting, Baltimore, Maryland.
- 2013 "The Limits of the Egalitarian Narrative: Reproducing Gender Inequality in the Home." Eastern Sociological Society annual meeting, Boston, Massachusetts.
- 2012 "Negotiating Courtship Scripts: Women's Strategic Approaches." American Sociological Association annual meeting, Denver, Colorado.
- 2012 "Symbolic Gendering and the Changing Context of Courtship." Pacific Sociological Association annual meeting, San Diego, California.

- 2012 “Men’s and Women’s Courtship Narratives: Reconciling Egalitarian Ideals with Traditional Gender Norms.” Eastern Sociological Society annual meeting, New York, New York.
- 2011 “Her Way or the Highway?: Power in Heterosexual Romantic Relationships.” American Sociological Association annual meeting, Las Vegas, Nevada.

PROFESSIONAL ACTIVITIES AND SERVICE

To the Discipline

- 2024-2026 Member, Editorial Board, *Sociological Forum*.
- 2024 Speed Mentoring Session, Section on Sex and Gender, American Sociological Society annual meeting, Montreal, Quebec.
- 2024 ASA Sections and Communities Open House, Section on Sex and Gender, American Sociological Society annual meeting, Montreal, Quebec.
- 2023-2025 Member, Editorial Board, *Social Currents*.
- 2023-2024 Chair, Distinguished Book Award Committee, Section on Sex and Gender, American Sociological Association.
- 2023-2024 William J. Goode Book Award Committee, Section on Family, American Sociological Association.
- 2022-2023 Chair, Nominations Committee, Section on Family, American Sociological Association.
- 2022-2023 Chair, Communications Committee, Section on Sex and Gender, American Sociological Association.
- 2022-2025 Council Member, Section on Sex and Gender, American Sociological Association.
- 2021-2024 Council Member, Section on Family, American Sociological Association.
- 2021 Graduate Student Paper Award Committee, Section on Sexualities, American Sociological Association.
- 2019-2021 Article of the Year Award Committee, Section on Family, American Sociological Association.

- 2020 Distinguished Book Award Committee, Section on Sex and Gender, American Sociological Association.
- 2018-2020 Member, Editorial Board, *Gender & Society*.
- 2019 Candace Rogers Student Paper Award Committee, Eastern Sociological Society.
- 2018 William J. Goode Book Award Committee, Section on Family, American Sociological Association.
- 2018 Sally Hacker Graduate Student Paper Award Committee, Section on Sex and Gender, American Sociological Association.
- 2018 Presider, Family Section roundtable, American Sociological Association annual meeting, Philadelphia, Pennsylvania.
- 2017 Session Organizer, Negotiating Gender Norms, American Sociological Society annual meeting, Montreal, Quebec.
- 2017 Session Organizer, Gendered Sexuality, American Sociological Society annual meeting, Montreal, Quebec.
- 2017 Session Organizer and Discussant, Gender and States in Flux, American Sociological Society annual meeting, Montreal, Quebec.
- 2013 Presider, "For the Family? How Class and Gender Shape Women's Work" by Sarah Damaske. Author-Meets-Critics Session, Eastern Sociological Society annual meeting, Boston, Massachusetts.

To the University

- 2025- Associate Member, Institutional Review Board, Appalachian State University.
- 2022-2025 University Research Council, Appalachian State University.
- 2021-2024 Writing Across the Curriculum Committee, Appalachian State University.
- 2020-2024 Faculty Grievance Hearing Committee, Appalachian State University.
- 2020-2023 Alternate, Faculty Due Process Committee, Appalachian State University.
- 2020-2023 Teacher of the Year and Academy of Outstanding Teachers Award Committee, College of Arts and Sciences, Appalachian State University.
- 2019-2020 University Planning and Priorities Council, Appalachian State University.

- 2019-2021 Writing in the Disciplines Consultant, Writing Across the Curriculum Program, Appalachian State University.
- 2019 Facilitator, Building a Just World: A Humanities Council Book Discussion, Humanities Council, Appalachian State University.
- 2018-2024 Departmental Honors Program Council, Appalachian State University.
- 2018-2019 Gender, Women's, and Sexuality Studies Taskforce, Appalachian State University.
- 2017-2020 Common Reading Committee, Appalachian State University.
- 2017- Faculty Advisor, Planned Parenthood Generation Action, Appalachian State University.
- 2015-2016 Thesis Award Committee, Graduate School of Arts and Sciences, Appalachian State University.

To the Department

- 2023-2024 Chair's Advisory Committee, Department of Sociology, Appalachian State University.
- 2023-2024 Graduate Programs Committee, Department of Sociology, Appalachian State University.
- 2022-2024 Search Committee, Department of Sociology, Appalachian State University.
- 2022-2023 Department Personnel Committee, Department of Sociology, Appalachian State University.
- 2021-2024 Post-Tenure Review Committee, Department of Sociology, Appalachian State University.
- 2020- Promotion and Tenure Committee, Department of Sociology, Appalachian State University.
- 2020-2022 Chair, Search Committee, Department of Sociology, Appalachian State University.
- 2019-2020 Curriculum Sub-Committee, Department of Sociology, Appalachian State University.
- 2018-2024 Honors Director, Department of Sociology, Appalachian State University.

- 2018- Policy and Assessment Committee, Department of Sociology, Appalachian State University.
- 2018-2019 Department Chair Search Committee, Department of Sociology, Appalachian State University.
- 2018 Chair, Curriculum Sub-Committee, Department of Sociology, Appalachian State University.
- 2017-2018 Chair, Faculty Development Committee, Department of Sociology, Appalachian State University.
- 2015-2017 Curriculum Sub-Committee, Department of Sociology, Appalachian State University.
- 2015-2017 Policy Development Committee, Department of Sociology, Appalachian State University.
- 2014-2016 Department Personnel Committee, Department of Sociology, Appalachian State University.
- 2014-2015 Student Activities Committee, Department of Sociology, Appalachian State University.
- 2007-2009 Coordinator, Workshop on Gender and Inequality, New York University.
- 2008 Spring Conference Committee, Department of Sociology, New York University

Occasional Reviewer

American Sociological Review, Frontiers, Gender & Society, Journal of Marriage and Family, Men & Masculinities, National Science Foundation, Princeton University Press, Qualitative Sociology, Sage Open, Social Currents, Social Forces, Social Problems, Sociological Forum, Sociological Inquiry, Sociological Perspectives, Sociology Compass, The Sociological Quarterly, University of California Press, University of Chicago Press.

Professional Memberships

American Sociological Association
Council on Contemporary Families

Media Coverage and Expert Commentary

- 2023 Upton-Clark, Eve. "How Much of Your Relationship Should You Post on Social Media?" *Mashable*. October 11.

- 2023 "Be It Resolved: Traditional Gender Roles Make for a Happier Marriage." *Munk Debates Podcast*. September 19.
- 2022 Paul, Trina. "Who Should Pay on the First Date?" *CNBC*. November 18.
- 2022 Pinsker, Joe. "Is There a Better Way to Propose?" *The Atlantic*. July 6.
- 2022 Upton-Clark, Eve. "High Value Dating is a Highly Problematic Concept." *Refinery29*. April 21.
- 2021 Roth, Elaine. "Since the Pandemic, More People are Focusing on 'Intentional' Dating." *Scary Mommy*. November 5.
- 2021 Lang, Cady. "How the Pandemic Fueled the Rise of 'Intentional' Dating." *Time*. October 28.
- 2021 Kitchener, Caroline. "A Year Without Dating." *The Lily*. February 12.
- 2020 Martin, Allison. "How Much to Really Spend on an Engagement Ring." *CreditDonkey*. December 8.
- 2020 Weiss, Suzannah. "Forget the Fancy Proposal. Let's Just Get Married." *The New York Times*. November 18.
- 2020 Newsday. BBC World Service Radio. February 19.
- 2020 Harris, Elizabeth. "How 'Portrait of a Lady on Fire' Sees Power in Two Women in Love." *The New York Times*. February 16.
- 2020 AirTalk with Larry Mantle. KPCC NPR Los Angeles. January 14.
- 2019 Fetters, Ashley. "'He Said Yes!' Despite changing norms, it's still exceedingly rare for women to propose in heterosexual couples." *The Atlantic*. July 20.
- 2019 Stauffer, Rainesford. "Why More Couples Are Getting Married by a Friend." *The Atlantic*. April 10.
- 2019 Mitchell, Thomas. "Why the Traditional Marriage Proposal Refuses to Go Away." *The Sydney Morning Herald*. April 1.
- 2019 Shain, Susan. "Our obsession with romcom-worthy wedding proposals isn't good for healthy marriages." *The Los Angeles Times*. January 6.
- 2018 Kitchener, Caroline. "The Enduring Appeal of the Fairy-Tale Wedding." *The Atlantic*. May 18.

- 2018 Kitchener, Caroline. "Marriage Proposals are Stupid." *The Atlantic*. March 23.
- 2017 Edwards, Ashley. "The Real Reason You Won't See Women Proposing to Men." *Refinery29*. December 27.
- 2017 Dahl, Melissa. "Why You Still Want a Surprise Proposal Even If You Know You're Getting Married." *New York Magazine*. July 20.
- 2016 Johnson, Emily. "Why You Need to Have the (Mini) Talk." *Cosmopolitan*. June.
- 2015 Goldhill, Olivia. "Why do so many couples get engaged between Thanksgiving and New Year's? A theory." *Quartz*. December 25.
- 2015 Anderson, Leigh. "Finally: This Is Why the Woman is the Boss of the Household." *Scary Mommy*. n.d.
- 2015 Anderson, Leigh. "The Rules, 20 years later." *Vox*. April 8.
- 2014 Nica, Andreea. "Benevolent Sexism." *Ms. Magazine*. September 26.
- 2014 Pardes, Arielle. "You're a Feminist... So Why Don't You Date Like One?" *Women's Health*. April 4.