

GWENDOLYN ZUGAREK

February 2025

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Appalachian State University

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EDUCATION

December 2015 MA, Sociology

Bowling Green State University, Bowling Green, OH

Major: Demography

Thesis: "Cumulative Disadvantage: The Role of Childhood Health and Marital Quality in the Relationship between Marriage and Later Life Health"

Committee: Dr. Susan L. Brown (Chair), Dr. I-Fen Lin, and Dr. Kelly Balistreri

December 2012 BA, Anthropology/Sociology

Mansfield University of Pennsylvania, Mansfield, PA

Minor: Political Science

-University of Tartu, Tartu, Estonia

Fall 2011-Spring 2012: Baltic Sea Region Studies (MA Program)

-Volgograd State University, Volgograd, Russia

Fall 2010: Russian Studies

December 2006 Certification, Practical Nurse Pennsylvania College of Technology,

North Campus, Wellsboro, PA

TEACHING EXPERIENCE

Instructor of Record

Appalachian State University (2021-2022 Adjunct) (2022-present Lecturer)

The Sociological Perspectives (SOC 1000- online)

The Sociological Perspectives (SOC 1000- in-person)

Social Problems in American Society (SOC 1100- online)

Social Problems in American Society (SOC 1100- in-person)

Sociology of Intimate Relationships (SOC 1110- in-person)

Medical Sociology (SOC 2600- hybrid)

Constructions of Gender (SOC 2850- in-person)

Three Rivers College (2018-2019 Adjunct)

2019 General Sociology (SOCI 111- online)

Arkansas State University (2018 Adjunct)

Introduction to Sociology (SOC 2213- in-person)

Bowling Green State University (2016 Student Instructor)

Social Problems (SOC 2020- in-person)

Guest Lecturer

2017 Sociology of Aging (SOC 4353), Arkansas State University

2015 Principles of Sociology (SOC 1010), Bowling Green State University

2015 The Family (SOC 3610), Bowling Green State University

2014 Teaching Introductory Sociology (6600), Bowling Green State University

2014 Principles of Sociology (SOC 1010), Bowling Green State University

2013 Principles of Sociology (SOC 1010), Bowling Green State University

Academic Coach

2018-2019 Instructional Connections, Online Grading/Teaching Assistant

Classes: Sociology of Family, Methods, Introduction to Sociology

Graduate Teaching Assistant

2013 Principles of Sociology (1010), Dr. Laura Sanchez, Fall (250 students) Department of Sociology, Bowling Green State University

GRANT FUNDING

Funded

2024 (Spring) Department of Sociology Faculty Development Committee, Teaching Quality Frameworks Grant, Awarded by the Center for Excellence in Teaching and Learning for Student Success, Appalachian State University (\$2,500)

2023-2024 Gwendolyn Zugarek, Virtual International Program Grant, Awarded by the Office of International Education and Development, Appalachian State University (\$1,500)

2023 (Spring) Gwendolyn Zugarek, Online in Time Grant, Awarded by the Center for Excellence in Teaching and Learning for Student Success, Appalachian State University (\$3,500)

2019-2020 Gwendolyn Zugarek (Principal Investigator), Community Development Block Grant, Awarded by the City of Jonesboro, funding from the Department of Housing and Urban Development (\$20,000)

2019 Gwendolyn Zugarek (Principal Investigator), Mini Grant, Awarded by Blue and You Foundation (\$1,000)

Not Funded

2020-2026 Gwendolyn Zugarek (Principal Investigator), Office of Behavioral Research and Evaluation at Arkansas State University (grant application assistance and data

management contractors), Grant for the Benefit of Homeless Individuals (GBHI TI-20-009), under review by Substance Abuse and Mental Health Services Administration (\$2,000,000)

ACADEMIC PRESENTATIONS AND PUBLICATIONS

Workshops

Zugarek, Gwendolyn, “Flipping the Classroom: Engagement through Discussion and Writing,” 2023 (Spring), Sociology Department Brown Bag Series, Appalachian State University

Zugarek, Gwendolyn, “Survey Design with Qualtrics,” 2015, Sociology Department, Bowling Green State University

Conference Presentations

Wright, Matthew R., **Gwendolyn Zugarek**, Susan L. Brown, and Wendy D. Manning. 2024. “A Cohort Comparison of Relationship Quality among Cohabitators.” Poster to be presented at annual meeting of Population Association of America, Columbus, OH.

Zugarek, Gwendolyn, Matthew R. Wright, and Susan L. Brown. 2018. “Union Type, Relationship Quality, and Health in Later Life: A Comparison of Cohabitation and Remarriage.” Paper presented at annual meeting of Population Association of America, Denver, Colorado.

Manning, Wendy D., Krista K. Payne, **Gwendolyn Zugarek**, and Bart Stykes. 2016. “The Shifting Geography of Divorce: Divorce Rates Across Counties and States 2000-2010.” Poster presented at annual meeting of Population Association of America, Washington, D.C. ***Recipient of a 2016 PAA Poster Session Award.***

Sanchez, Laura A. and **Gwendolyn Zugarek**. 2015. “Pet Ownership and Access as Predictors of Self-Reported Health in a National Sample of U.S. Elders.” Poster presented at annual meeting of Population Association of America, San Diego, CA.

Manuscripts under Review

Wright, Matthew R., **Gwendolyn Zugarek**, Susan L. Brown, and Wendy D. Manning. “A Cohort Comparison of Relationship Quality among Cohabitators.” Revise and Resubmit at Population Research and Policy Review.

Other Publications

Zugarek, Gwendolyn. 2019. “HUB Homeless Resource Center Two-Year Report: 2018-2019.” HUB Homeless Resource Center.

Zugarek, Gwendolyn. 2018. “HUB Homeless Resource Center Preliminary Annual Report: 2018.” HUB Homeless Resource Center.

Zugarek, Gwendolyn. 2015. “Ohio Population News: Who is voting in Ohio? The Changing Composition of Voters.” Bowling Green State University, Center for Family and Demographic

Research.

Zugarek, Gwendolyn. 2014. "Ohio Population News: Home Ownership in Ohio and the Great Recession." Bowling Green State University, Center for Family and Demographic Research.

PROFESSIONAL DEVELOPMENT

2024 "A Pedagogy of Kindness" Book Club by CETLSS, Appalachian State University

2024 "Balancing Supporting Students and Maintaining Rigor"(recorded webinar) by CETLSS, Appalachian State University

2023 "DegreeWorks- New Dashboard Overview and Q&A" by Eric Berry, Appalachian State University

2023 "Advising Workshop" by Dr. Amy Dellinger Page, Dept. of Sociology, Appalachian State University

2023 "Course Accessibility Workshop" by Matt Sauthoff, ODR, Appalachian State University

2023 "Designing Your Online Course Workshop" by Quality Matters

2022 "Level 3 Immigrant Mountaineer Movement Training" by The Immigrant Mountaineers Movement, Appalachian State University

2022 "Faculty Search Committee Guidance, Strategies and Inclusive Hiring Practices" by Human Resources, Appalachian State University

2022 "Advising Workshop" by Dr. Amy Dellinger Page, Dept. of Sociology, Appalachian State University

2022 "Collegiate Recovery Community Ally Training" by Wellness and Prevention Services, Appalachian State University

2018 "Teaching Online- An Introduction to Online Delivery" online certification through Quality Matters

2017 "A General Introduction to Sequence Analysis and its use in the Social Sciences" by Matthias Studer, University of Geneva

2015 "Grant Writing" by Dr. Wendy Manning, Bowling Green State University

2014 "Introduction to the Health and Retirement Survey" by I-Fen Lin, Bowling Green State University

2014 "Getting It Published! Tips from a Deputy Editor" by Dr. Susan Brown, Bowling Green State University

2013 "Using the ICPSR Database: Finding Social Science Data" by Linda Detterman and Lynette Hoelter, ICPSR University of Michigan

DATA ANALYSIS AND RESEARCH EXPERIENCE

Graduate Research Assistant

2016 Dr. Kelly Balistreri

Department of Sociology, Bowling Green State University

Activities included: (1) performing literature searches, (2) researching health measurements and coding data, and (3) investigating data assignments for undergraduates

2014-2015 NIH-Funded Center for Family and Demographic Research, Bowling Green State University

Activities included: (1) collecting and organizing county-level data for the development of a nation-wide data set using Excel and Stata, (2) producing quantitative analyses tailored to requests from affiliates at BGSU, as well as external analytic requests, (3) conducting research using Census and Current Population Survey Data, and (4) producing tables and figures in Excel.

2013-2014 Dr. Laura Sanchez

Department of Sociology, Bowling Green State University

Activities included: (1) reviewing questionnaires, (2) scheduling and holding individual and focus group interviews, (3) transcribing interviews, (4) organizing data naming conventions and storage, (5) performed literature searches, and (6) conducted large survey data analyses using the Health and Retirement Study.

Other Research Work

2011 Volunteer for the Pine Creek Watershed Council

Activities included: updating the Pine Creek Watershed Rivers Conservation Plan through (1) collecting oral histories, (2) writing collaborative briefs with research team, and (3) attending council meetings.

2010 Data collector for the Pennsylvania State System on Higher Education

Collected data as a part of the Mansfield University Public Mind Survey via a telephone survey of PA residents and recorded results to help inform state officials.

DEPARTMENTAL AND PROFESSIONAL SERVICE

2022-Present Faculty Development Committee, Dept of Sociology, Appalachian State University, Committee Member (Chair of Committee Fall 2024-Present)

2016-2017 Section on the Family, American Sociological Association
Communications, Coordinator and Graduate Student Representative

2016 Major Monday (Undergraduate Major Recruitment Fair), Sociology Recruiter

2014, 2015, 2016 BGSU/OSU Graduate Student Conference on Population (Bowling Green, OH),
Co-Organizer and Session Chair

2015, 2016 Charles E. Shanklin Colloquium and Graduate Student Awards Ceremony Planning,
Committee Member and Session Judge

2014-2016 Sociology Graduate Student Association,
Vice President

2014-2015 Bowling Green State University Graduate Student Senate,
Representative

NON-PROFIT EXPERIENCE

2018- 2020 Executive Director of HUB: Homeless Resource Center, Inc.

Responsibilities included: (1) fundraising and applying for grants, (2) community education about homelessness, (3) speaking at meeting/events, (4) recruiting, managing, and training volunteer team, (5) networking with the local university and overseeing student interns and volunteers, (6) managing social media accounts and PR with local media outlets, (7) managing data and creating annual reports, (8) case management of homeless community members, and (9) running day-to-day operations of the center.

2018 Volunteer at HUB: Homeless Resource Center, Inc.

HEALTHCARE EMPLOYMENT EXPERIENCE

2008-2012 Guardian Elder Care

Carleton Senior Care and Rehabilitation, LPN (2007-2012)

Charge Nurse- Responsible for managing and providing resident medical care, supervising staff, maintaining communication with families and doctors, documenting care, and administrative duties

The Highlands, LPN (2010)

Floor Charge Nurse- Monitoring and providing care for the residents on my floor, managing staff, documenting, and reporting to facility's RN supervisor

2007-2008 Interim Healthcare, LPN

Home Health Nurse- Providing medical and emotional support for clients and their families, reporting to care team, and documenting care

2007 The Wellsboro Shared Home, LPN

Charge Nurse- Providing medical care, organizing residents' schedules, assisting in activities of daily living, and cooking

2004-2006 Guardian Elder Care- Carleton Senior Care and Rehabilitation, CNA **Nurse's Aide**
Worked as a part of the nursing team, providing resident care, assisting with ADLs,

keeping records

INTERNATIONAL VOLUNTEER EXPERIENCE

2004-2013 **Independent Humanitarian Worker**, Uganda

Supporting 9 children--schooling and/or medical expenses

6 trips, 2 weeks-6 months in duration

Activities included (1) caring for and living with orphans, (2) raising financial support for trips, children's schooling, and projects, (3) working with local nonprofits, (4) planning and holding public AIDS awareness and health trainings, and (5) organizing village farming and water improvement projects and free medical clinics.

2008 **Ugandan Red Cross Volunteer**, Refugee Camp for Kenyans in Uganda

Activities included (1) distributing food and tents, (2) providing emotional support, (3) registering refugees for Red Cross, and (4) cataloging refugee medical needs for WHO.